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| **Day** | **Time** | **Group** | **Contact** |
| **MONDAY** | 6.00 am – 7.00 am | Jodi Barre Yoga | 0423169162 |
|  | 9.30 am – 12 noon | Sunshine Coast Machine Knitting | 54828092 |
|  | 6.00 pm – 7.00 pm | Jodi Barre Yoga | 0423169162 |
| **TUESDAY** | 5.45 am – 6.45 am | Go with Gusto Health & Fitness Training | 0412569179 |
|  | 7.45 am – 9.00 am | Energy Flow | 0407765995 |
|  | 9.30 am – 10.30 am | Jodi Barre Yoga | 0423169162 |
|  | 11.00 am – 12.00 noon | Qifit Yoga Qi Gong Feel Good Gang | 0437822347 |
|  | 1.00 pm – 4.00 pm | U3A Craft Patchwork & Quilting | 545066590427838938 |
|  | 4.30 pm – 5.30 pm Kids (*school term)*5.30 pm – 6.30 pm Adults (*week 1* *quarterly and week 2)*5.30 pm – 7.00 pm Adults (*weeks 1 non- MRA months)* | Kaizenkan Aikido  | 0418753184 Tim |
|  | **7.00 pm – 9.00 pm *(week 1 March, June AGM, September, December)*** | **Mudjimba Residents’ Association Inc (MRA)** | 0414700881 |
|  | 7.00 pm – 8.30 pm *(week 2)* | Maroochy North Shore Lions | 042783893854506659 |
| **WEDNESDAY** | 6.00 am – 7.00 am | Jodi Barre Yoga | 0423169162 |
|  | 8.30 am – 12 noon | Mudjimba Art Group | 0434030624 |
|  | 1.00 pm – 3.00 pm (week 1) | Coolum Caravan Club | 0413286159 |
|  | 6.00 pm – 7.00 pm | Jodi Barre Yoga | 0423169162 |
|  | 7.30 pm – 9.00 pm (*week 1*)7.30 pm – 8.30 pm *(weeks 2-5)* | Mudjimba AA Group/Steps & Tradition | 0437373896 |
| **THURSDAY** | 5.45 am – 6.45 am | Go with Gusto Health & Fitness Training | 0412569179 |
|  | 8.00 am – 9.00 am | Energy Flow Meditation | 0407765995 |
|  | 9.30 am – 10.30 am | Jodi Barre Yoga | 0423169162 |
|  | 11.00 am – 12 noon | Qifit Yoga Qi Gong Feel Good Gang | 0437822347 |
|  | **12.30 pm – 2.30**  | MAINTENANCE/VIEWINGS |  |
|  | 4.30 pm – 5.30 pm Kids (*school term)*5.30 pm – 7.00 pm Adult | Kaizenkan Aikido | 0418753184Tim |
| **FRIDAY** | 6.00 am – 7.00 am | Jodi Barre Yoga | 0423169162 |
|  | 8.00 am – 9.00 am | Go with Gusto Health & Fitness Training | 0412569179 |
|  | 9.30 am – 10.30 am | Jodi Barre Yoga | 0423169162 |
| **SATURDAY** | 7.30 am – 8.30 am | Jodi Barre Yoga | 0423169162 |
| **SUNDAY** | 3.30 pm – 6.30 pm (April 28, May 26, June 23 -*fortnightly thereafter* | Sunday Shake – Movement and art therapy | 04018002320401957141 |

**\*\*PLEASE NOTE THIS LIST DOES NOT INCLUDE CASUAL BOOKINGS\*\***